CORPORATE PROGRAMS

BY THE LOS ANGELES METHOD

THEODORAVOUTSA, COM

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POBLIC Speaking

TRAINING



CANERA CACHING

FOR ZOOM, VIDEO CONFERENCES, ONLINE PRESENTATIONS, INTERVIEWS, LIVE STREAMING TRAINING



TEAM BOILDING

CONNECTION, COMMUNICATION, CREATIVE PROBLEM SOLVING, LEADERSHIP AND GROWTH TRAINING



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AT THE LOS ANGELES METHOD TRAININGS

VE DEVELOP YOUR SKILLS & TALENTS WITH

ACTING TECHNIQUES

COMMUNICATION TECHNOLOGY PERSONAL DEVELOPMENT COACHING



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WELCOME

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This is a presentation of the CORPORATE PROGRAMS by the Los Angeles Method and 88 PRODUCTIONS

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ABOUT CEº



Theodora is a director, producer, coach, actress. She is currently based in Singapore with her partner and their daughter, Ilektra Konstantina.

THEODORA VOUTSA

OWNER & CEO

YEARS OF EXPERIENCE

in directing, producing , acting and coaching. Theodora has worked and taught in New York, Los Angeles, Amsterdam, London, Paris, Rome, Athens, Oslo, Copenhagen, Singapore.

In 2000 she founded her first production company and has been active ever since.

PRODUCTIONS

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ABOUT US

INTRODUCTION

The Los Angeles Method Corporate Programs are designed for professionals who want to Lead in Business and Life.

The Los Angeles Method is a combination of Acting and Personal Development Techniques to assist you in finding your voice and Acting on your life. You are the Star of the movie that is your life. Show Up and Be Seen.



EMPOWER YOUR BUSINESS WITH US

Successful Leaders know themselves and are connected to others by listening. They can communicate what they want. This is why they always get what they want.

HOW WE CAN SUPPORT YOU

The Future of Jobs Report by the World Economic Forum published this Top 10 skills list in 2020:

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HOW WE CAN SUPPORT YOU

The future of jobs report by the World Economic Forum published this Top 10 skills list in 2020:

Complex Problem Solving
Critical Thinking
Creativity
People Management
Coordinating with others
Emotional Intelligence
Judgement and Decision Making
Service Orientation
Negotiation
Cognitive Flexibility

HOW WE CAN SUPPORT YOU

ALL 10 SKILLS ARE AT THE CORE OF AN ACTOR'S TRAINING



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THE LOS ANGELES METHOD

This is why we use Acting Techniques and Personal Development to support Business Professionals to thrive, take full advantage of the talents they already have and make beneficial changes for themselves and their environment.

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We believe that we are all actors in Life.

We all play a role, whether it is the employer, the employee, the husband, the wife, the friend, the lover, the passenger or the driver.

Learn the technique to create any role you want to play in life.

Acting is about finding the truth- not pretending- and connecting to you, your partner and your audience;

or your clients.

Acting techniques are the tools one needs to understand how to act as a strong individual within a team.

Acting empowers an individual to understand and control her or his emotions; emotions being the fuel we use to achieve our goals.



HOW WE CO-CREATE THE THE TRAINING

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Every team and every individual are unique. In The Los Angeles Method Corporate Programs we understand individuality very well and this is why every training is tailor made and original. The way we work :



- Understand together the purpose and the needs of the team.
- We offer you a variety of exercises and actions; and together we decide on the outline based on the desired outcome.

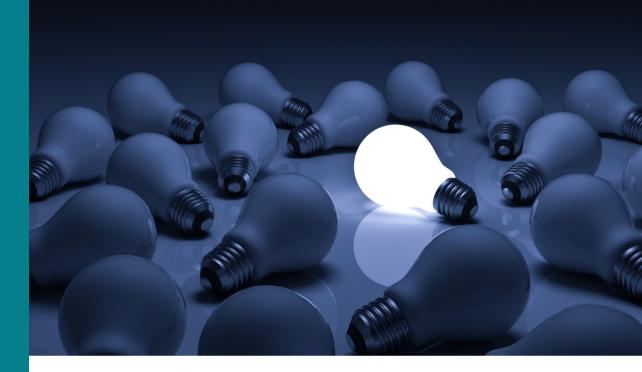


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WHAT MAKES US STAND OUT

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The Los Angeles Method is an efficient, reliable, fast and proven to use Method, where we use a powerful and result driven combination of Acting and Personal Development Techniques.



We use the creative force of the Arts with the knowledge and expertise of Behavioural Science, to empower our participants to unleash their voice and Act on their lives.



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WHAT MAKES US STAND OUT

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The Los Angeles Method is an efficient, reliable, fast and proven to use Method, where we use a powerful and result driven combination of Acting and Personal Development Techniques.



We have had more than 3000 participants so far, who have joined our courses, and have found the Artist within them; who have turned their Imagination into Reality; who have achieved their goals beyond confining convictions,

obstacles and fears.

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⁰UR MISSION

Our Mission is to empower our participants with the tools to become successful and to make dynamic choices, both in their work and in their lives. We wish to nurture and produce strong professionals.



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QUR CLIENTS

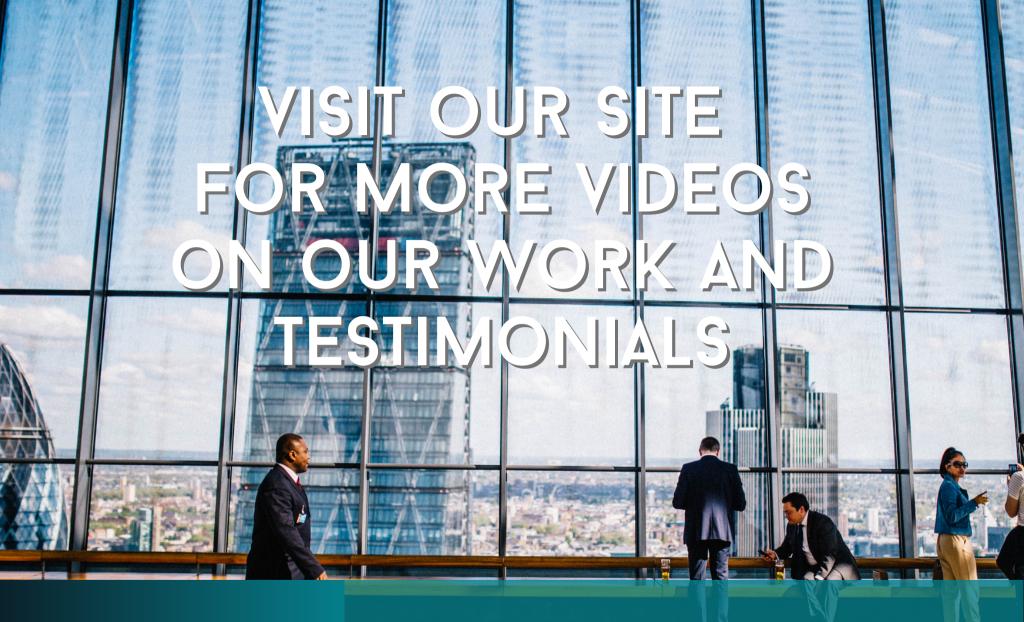
- Nike
- Heineken
- Unilever
- Coaching2Perform
- Professional Women's Network
- Randstad
- Happn

and more



WE CAN **SUPPORT** YOU AND YOUR **BUSINESS**

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CONTACT US SO WE CAN **DESIGN TOGETHER** THE BEST TRAINING THAT WILL UNLEASH YOUR OWN AND YOUR TEAM'S POTENTIAL





CONTACT US



+6593385158

theodoravoutsa@gmail.com

Singapore Business Federation Centre

theodoravoutsa.com







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